Department Profile Department of Physical Education

Dr. B.RAMESH BABU, M.A., M.P.Ed, M.Phil, PhD. Physical Director

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Department of Physical Education

- Vision & Mission
- •To Encourage Mass Participation in Games & Sports to Attain
- •Excellence in the Field of Sports & Games.
- •Fitness (Physical & Mental).
- •Healthy Life.
- •Recreation.
- •Whole sum Development of the Personality.
- •To Produce Good Citizens to the Nation.
- •To Produce Good Leaders to the Nation.

Department of Physical Education

Objectives

•To develop an understanding of the importance of sports in the pursuit of a healthy and active lifestyle at the college and beyond.

•To develop an ability to observe, analyze and judge the performance of self and peers in sporting situations.

- •To provide a wide variety of creative and sporting activities to develop each student's potential.
- •To develop an appreciation of the concepts of fair play, honest competition and good sportsmanship.

Department of Physical Education Outcomes

•Students will be able to participate fully in the competitive, recreational and leisure opportunities offered outside the college environment.

•They will develop self-esteem and self-confidence through positive sporting experiences.

•They will be promoted to an understanding of physical and mental well-being through an appreciation of stress, rest and relaxation.

Department of Physical Education :Infrastructural Facilities

SL No	Facility	Quantity	Location		
Ι	Fitness Centre	1			
1.	9 Stations Multi Gym. Fitness Unit	1	Gym Room.		
2.	Bicycle Ergometer	1	5		
II	Indoor Games Room	1			
1.	Carroms	1	Main Building		
2.	Chess	3			
3.	Chinese Checker	2			
III	Out Door Games Facilities				
1.	Shuttel Badminton(Out Door)	1 Court			
2.	Kabaddi	1 Court			
3.	Tennikoit	1 Court			
4.	Volley Ball	1 Court			
5.	200 m Running Track	1			

GYM Timings : 6:30 am to 8:00 am & 3:30 pm to 6:00 pm Indoor & Out Door Games: 3:30 pm to 6:00 pm

Department Details

Name of the Department :

Physical Education

Details of Posts

Name of the Post	Sanctioned	Working	Vacant
Physical Director	1	1	0

Department details

Faculty Profile

Faculty Photo	Name /Designation	Qualifications	Year	University		
		B.P.Ed	1991	Osmania University		
	Dr B.Ramesh Babu	M.P.Ed	1997	Dr Baba saheb Ambedkar Marathvada University		
	Lecturer in Physical Education	M.A	1993	Osmania University		
		M.Phil	2008	Bharathiar University		
		Ph.D	2018	Dravidian University		

Student Participation in Intramurals:

SI.No	Academic Year	Total College Strength	Athleti c Events	Bad mint on	Ten niko it	chess	cric ket	Kaba ddi	Volle y/Thr ow Ball	Total Parti cipan ts	Percent age of Particip ation
1	2017-18										
2	2018-19										
3	2019-20										
4	2020-21										
5	2021-22	90	6	6	5	6	22	14	18	77	85

Student Participation in Extra murals:

SI.N	Academic	Tota	ch	Cric	Kab	Volley	100	200	400	Lon	Jav	Total	Percent
0	Year	1	es	ket	add	/Thro	Μ	Μ	Μ	g	elli	Parti	age of
		Coll	S		i	w Ball	Run	Ru	Ru	Ju	n	cipan	Particip
		ege						n	n	mp	thr	ts	ation
		Stre									ow		
		ngth											
1	2017-18												
2	2018-19												
3	2019-20												
4	2020-21												
5	2021-22	90		25					4	2	2	33	36

Extramural competitions

All India National Federation Cup 2020-22





N.Prathap 2nd B.A Got Gold Medal

V.Kiran Babu 2nd B.Com Got Gold Medal

STRENGTHS:

- •Maximum Utilization of the limited and Available resources.
- •Use of computer and Internet facility for Administrative work.
- •Students make use of Indoor Games facilities like Caroms, Chess, and Chineese Checker in the Department of Physical Education.
- •Students make use of Outdoor Games facilities like Shuttle Badminton, Cricket, Kabaddi and Volley Ball etc...
- •The Department has Well equipped Gym with fitness equipment free for all Students.

WEAKNESSES :

•Lack of Ground for laying out Running Track for carrying out Athletic events.

•Insufficient play ground for improving the infrastructure facilities in the Games and Sports.

•There is only one post of Physical Director for entire student strength.

•There is no supporting staff for laying out of courts and maintenance of play grounds.

•Since participation in Physical education, Games and sports activities is optional there is lack of seriousness among the students .

•Nutrition and Diet play a major role in performance in Games and Sports activities. Almost all the students come from the rural background and Lower income group and hence there is a hindrance.

OPPURTUNITIES:

•The Department plays a major role in providing the available infrastructure free of cost to the students.

- •The students who show interest in activities of Physical Education inclusive of Games and sports are given special guidance.
- •The students who are good in sports and games are encouraged to take up professional courses in Physical Education like U.G.D.P.Ed and B.P.Ed.
- •The students who have good physique and physical fitness are encouraged to take up career in department of Home, Prohibition & Excise, Railways, CSIF, BSF, Soldier in Defence services. Training in Physical Events to be qualified is also given .
- •The college being affiliated to Achraya Nagrjuna University sends players in various games and Sports to take part in University Team Selections.

DEPARTMENT ACTIVITIES



CONSTRAINTS:

•After the college timings being 10.00 AM to 5.00 PM most of the students coming from nearby villages are generally in a hurry to catch their Buses to reach their homes, hence very few are taking part in games and sports with real Competitive spirit.

- •The college has very little scope for extension of games and sports Activities as there is land available for further laying out of play grounds.
- •The Sports culture at the Junior College Level is almost nil due to lack of Development of Physical Education Staff in Junior Colleges, who form the major source of admissions to our college.
- •The age and Physiological growth of women coming from rural areas is also inhibiting them from taking part in Games and Sports.
- •Most of the students take part in the Games and Sports only for time pass and recreational purpose. Hence the process of preparation of teams is rather more difficult in most of the Games.
- •For better performance in Games and Sports the students need a very good Balanced diet which they can neither afford nor be provided by the college for training.